



# 2017 Palm Beach Open Tae Kwon Do Championship

- DATE:** November 18<sup>th</sup>, 2017
- TIME:** Credential Pick up – 8:00 a.m.; Competition begins at 9:00 a.m.
- LOCATION:** Santaluces Community High School,  
6880 Lawrence Road, Lantana, FL, 33462
- ENTRY FEES:** Individual Events: \$85 for one event; \$95 for two; \$105 for 3; \$115 for 4 events,  
Pair Poom Se \$80 (\$40 Per Competitor) Team Poom Se \$120 (\$40 Per Competitor)
- COACHES:** \$40 Coach Pass
- DEADLINE:** REGISTRATION DEADLINE – November 17, 2017
- RULES:** Modified WTF Rules – Head contact allowed for Black Belts 12 years old and up and Colored Belts 15 years and up. **Daedo Electronic Scoring for Black Belts**  
---- **Competitors Must Bring Your Own DAEDO Socks. (No DAEDO "E" Head Gear and No Heal Socks are allowed).**
- COMPETITOR: MANDATORY EQUIPMENT:**  
Headgear, mouthpiece, chest protector, instep and shin guards, arm guards, and cup (male only), **DAEDO Electric Socks. (No DAEDO "E" Head Gear and No Heal Socks are allowed).**
- INTRODUCING:** Technical Breaking for all ages; Speed Spinning & Power Breaking  
There will be a free Surprise Event for all competitors to compete in.
- SPECIAL EVENT:** Competition for Special Needs (such as Down Syndrome and/or ASD) Children.  
This event will be Sponsored by TaeKwonDo One Dream Foundation and TKD Sports and Health Foundation, allowing the Special Needs Competitors to Compete in a special program of Poom Se and Breaking. **There will be NO Event Fee's for these Competitors.**
- SPECTATORS:** General admission is \$10 – except children 5 and under is free.
- QUESTIONS:** Master Chang Lim (954)-655-4404  
Master Mark Antonucci (561)-699-8992
- HOST HOTEL: Marriott Courtyard Boynton Beach**  
1601 N. Congress Ave, Boynton Beach, FL 33426  
Room Rate \$95 per night  
[Book your group rate for Tae Kwon Do Competition](#)  
**Last Day to Book with the discount is September 1st, 2017**



# 2017 Palm Beach Open Tae Kwon Do Championship

## INDIVIDUAL EVENT REGISTRATION

**WHERE:**

Santalucas Community High School  
6880 Lawrence Road  
Lantana, FL, 33462

**WHEN:**

Saturday, November 18<sup>th</sup>, 2017  
Credential Pick-up: 8:30 a.m.  
Competition begins at 9:00 a.m.

Name: \_\_\_\_\_

Last

First

Middle

Address: \_\_\_\_\_

Street

City

State

Zip

Email

Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Belt: \_\_\_\_\_ Gender:  Male  Female

School Name: \_\_\_\_\_ Instructor: \_\_\_\_\_

**EVENTS (Check Box):**

- |  |   |       |
|--|---|-------|
| <input type="checkbox"/> Poom Se                 | <input type="checkbox"/> One Event:     | \$85  |
| <input type="checkbox"/> Sparring                | <input type="checkbox"/> Two Events:    | \$95  |
| <input type="checkbox"/> Weapons                 | <input type="checkbox"/> Three Events:  | \$105 |
| <input type="checkbox"/> Technical Breaking      | <input type="checkbox"/> Four Events:   | \$115 |
| <input type="checkbox"/> Speed Spinning Breaking | <input type="checkbox"/> Power Breaking |       |

Online Registration: [www.PBOTKD.com](http://www.PBOTKD.com)

Registration Deadline: November 17, 2017

Mail Registration: 6169 Jog Rd Ste C7, Lake Worth, FL, 33467

Check Payable To: Korea Tae Kwon Do Martial Arts

Email: [PBOTKD@gmail.com](mailto:PBOTKD@gmail.com)

**WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND PARENTAL CONSENT AND INDEMNITY AGREEMENT**

In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors, and administrators waive, release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against Korea Tae Kwon Do Academy, Inc., Korea Tae Kwon Do Martial Arts, Inc., their employees, officers and/or directors and all members of this tournament, or their respective officers, medical committee, agents, representatives, successors, volunteers, owners and lessor of premises on which the tournament takes place, assignees and against any competitor for any and all damages which may be sustained by me or the minor child, in connections with my association with or entry in the above tournament. I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this tournament. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, term and/or the actions or inactions of others participating in the tournament. I have read this agreement, fully understand it's terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intent it to be a complete and unconditional release of all liability to the greatest extent allowed and agree that if any portion of this agreement is help to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Print: Name of Competitor

Signature of Competitor (or Parent/Legal Guardian)

Date



# 2017 Palm Beach Open Tae Kwon Do Championship

## PAIR / TEAM POOM SE REGISTRATION

**WHERE:**

Santaluces Community High School  
6880 Lawrence Road  
Lantana, FL, 33462

**WHEN:**

Saturday, November 18<sup>th</sup>, 2017  
Credential Pick-up: 8:30 a.m.  
Competition begins at 9:00 a.m.

**Competitor 1 Name:** \_\_\_\_\_

Address: \_\_\_\_\_

Street City State Zip Email

Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Belt: \_\_\_\_\_ Gender:  Male  Female

**Competitor 2 Name:** \_\_\_\_\_

Address: \_\_\_\_\_

Street City State Zip Email

Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Belt: \_\_\_\_\_ Gender:  Male  Female

**Competitor 3 Name:** \_\_\_\_\_

Address: \_\_\_\_\_

Street City State Zip Email

Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Belt: \_\_\_\_\_ Gender:  Male  Female

School Name: \_\_\_\_\_ Instructor: \_\_\_\_\_

**EVENTS (Check Box):**

Pair Poom Se: \$80 (\$40 Per Person)  Team Poom Se: \$120 (\$40 Per Person)

**Online Registration:** [www.PBOTKD.com](http://www.PBOTKD.com)

**Registration Deadline: November 17, 2017**

**Mail Registration: 6169 Jog Rd Ste C7, Lake Worth, FL, 33467**

**Check Payable To: Korea Tae Kwon Do Martial Arts**

**Email: [PBOTKD@gmail.com](mailto:PBOTKD@gmail.com)**

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Print: Name of Competitor

Signature of Competitor (or Parent/Legal Guardian)

Date



# 2017 Palm Beach Open Tae Kwon Do Championship

## COACH REGISTRATION

**WHERE:**

Santaluces Community High School  
6880 Lawrence Road  
Lantana, FL, 33462

**WHEN:**

Saturday, November 18<sup>th</sup>, 2017  
Credential Pick-up: 8:30 a.m.  
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### Coach Registration \$40

Name: \_\_\_\_\_  
Last First Middle

Address: \_\_\_\_\_  
Street City State Zip Email

Age: \_\_\_\_\_ Weight: \_\_\_\_\_ Belt: \_\_\_\_\_ Gender:  Male  Female

School Name: \_\_\_\_\_ Instructor: \_\_\_\_\_

Online Registration: [www.PBOTKD.com](http://www.PBOTKD.com)

Registration Deadline: November 17, 2017

Mail Registration: 6169 Jog Rd Ste C7, Lake Worth, FL, 33467

Check Payable To: Korea Tae Kwon Do Martial Arts

Email: [PBOTKD@gmail.com](mailto:PBOTKD@gmail.com)

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\_\_\_\_\_  
Print: Name of Competitor

\_\_\_\_\_  
Signature of Competitor (or Parent/Legal Guardian)

\_\_\_\_\_  
Date



# 2017 Palm Beach Open Tae Kwon Do Championship

## Sparring

### Traditional: Color Belts, all Ages and Black Belts 12-14 Years Old

Age categories		Male/Female: (divisions will be divided into rank at staging)						
5 and under	6-7	8-9	10-11	12-14	15-17	18-32	33-41	42&up

Boys and Girls 5 and under may compete against one another. Colored belt divisions with only one competitor will be combined into one Division.

11 and under Advanced, Red and Black Belt Divisions, may be merged.

12-14 Black Belts Junior Safety Rules for Head Contact will be strictly enforced.

Divisions may be broken down into weight divisions.

### World Class: Black Belts Only Senior Rules

AGE	BELT	WEIGHT CLASSES MALE	WEIGHT CLASSES FEMALE
15 – 17 Senior Rules	BLACK	99.2 LBS AND UNDER (45KG) OVER 99.2-105.8 LBS (45-48 KG) OVER 105.8-112.4LBS (48-51 KG) OVER 112.4-121.3LBS (51-55 KG) OVER 121.3-130.1LBS (55-59 KG) OVER 130.1-138.9LBS (59-63 KG) OVER 138.9-149.9LBS (63-68 KG) OVER 149.9-160.9LBS (68-73 KG) OVER 160.9-172.0LBS (73-78 KG) OVER 172.0LBS (78 KG)	92.6LBS AND UNDER (42KG) OVER 92.6-97.0 LBS (42-44 KG) OVER 97.0-101.4LBS (44-46 KG) OVER 101.4-108.0LBS (46-49 KG) OVER 108.0-114.6LBS (49-52 KG) OVER 114.6-121.3LBS (52-55 KG) OVER 121.3-130.1LBS (55-59 KG) OVER 130.1-138.9LBS (59-63 KG) OVER 138.9-149.9LBS (63-68 KG) OVER 149.90LBS (68 KG)
18 – 32 Senior Rules	BLACK	119.0 LBS AND UNDER (54KG) OVER 119.0-127.9 LBS (54-58 KG) OVER 127.9-136.7LBS (58-62 KG) OVER 136.7-147.7LBS (62-67 KG) OVER 147.7-158.7LBS (67-72 KG) OVER 158.7-172.0LBS (72-78 KG) OVER 172.0-185.2LBS (78-84 KG) OVER 185.2LBS (84 KG)	103.6 LBS AND UNDER (47KG) OVER 103.6-112.4 LBS (47-51 KG) OVER 112.4-121.3LBS (51-55 KG) OVER 121.3-130.1LBS (55-59 KG) OVER 130.1-138.9LBS (59-63 KG) OVER 138.9-147.7LBS (63-67 KG) OVER 147.7-156.5LBS (67-71 KG) OVER 156.5LBS (71 KG)

\*\*Divisions may be modified by the sole discretion of the tournament directors\*\*



# 2017 Palm Beach Open Tae Kwon Do Championship

## Poom Se Requirements

<b>All Color Belt Division - Individual, Pair (2) &amp; Team (3)</b> (divisions will be divided into rank at staging)	
<b>Yellow</b>	<b>Taegeuk 1 or 2</b>
<b>Green</b>	<b>Taegeuk 3 or 4</b>
<b>Blue</b>	<b>Taegeuk 5 or 6</b>
<b>Red</b>	<b>Taegeuk 7 or 8</b>

<b>Black Belt Traditional Poom Se - Pair (2) &amp; Team (3)</b> (divisions will be divided into rank at staging)	
<b>6 - 7 Years Old</b>	<b>Koryo or Keumgang</b>
<b>8 - 9 Years Old</b>	<b>Koryo or Keumgang</b>
<b>10 - 11 Years Old</b>	<b>Koryo or Keumgang</b>
<b>12 - 14 Years Old</b>	<b>Koryo or Keumgang</b>
<b>15 - 17 Years Old</b>	<b>Koryo or Keumgang</b>
<b>18 - 30 Years Old</b>	<b>Koryo or Keumgang</b>
<b>31 - 40 Years Old</b>	<b>Koryo or Keumgang</b>
<b>41 - 50 Years Old</b>	<b>Koryo or Keumgang</b>
<b>51 + Years Old</b>	<b>Koryo or Keumgang</b>

<b>Black Belts Individual Sports Poom Se</b> (divisions will be divided into rank at staging)		<b>Black Belts Individual Traditional Poom Se</b> (divisions will be divided into rank at staging)	
<b>6 - 7 Years Old</b>	<b>Taegeuk 3 / Koryo</b>	<b>6 - 7 Years Old</b>	<b>Koryo or Keumgang</b>
<b>8 - 9 Years Old</b>	<b>Taegeuk 8 / Koryo</b>	<b>8 - 9 Years Old</b>	<b>Koryo or Keumgang</b>
<b>10 - 11 Years Old</b>	<b>Taegeuk 7 / Koryo</b>	<b>10 - 11 Years Old</b>	<b>Koryo or Keumgang</b>
<b>12 - 14 Years Old</b>	<b>Taegeuk 4 / Koryo</b>	<b>12 - 14 Years Old</b>	<b>Koryo or Keumgang</b>
<b>15 - 17 Years Old</b>	<b>Taegeuk 6 / Koryo</b>	<b>15 - 17 Years Old</b>	<b>Koryo or Keumgang</b>
<b>18 - 30 Years Old</b>	<b>Koryo / Taebaek</b>	<b>18 - 30 Years Old</b>	<b>Koryo or Keumgang</b>
<b>31 - 40 Years Old</b>	<b>Keumgang / Pyoungwon</b>	<b>31 - 40 Years Old</b>	<b>Koryo or Keumgang</b>
<b>41 - 50 Years Old</b>	<b>Pyoungwon / Sipjin</b>	<b>41 - 50 Years Old</b>	<b>Koryo or Keumgang</b>
<b>51 + Years Old</b>	<b>Pyoungwon / Chonkwon</b>	<b>51 + Years Old</b>	<b>Koryo or Keumgang</b>



# 2017 Palm Beach Open Tae Kwon Do Championship

## Technical Breaking

**All Boards must be purchased from Vendor at the Competition**

**Spinning Speed Breaking:** Using Only Tornado and/or Spinning Hook Kicks. Competitor will have 10 Small Boards and the Competitor Whom Breaks all the Boards the Fastest Wins.

- Small Board(s) for all Competitors all Ages
- Divisions will be divided into rank at staging

Rules, Competitor will have the opportunity to break all 10 Boards with either of or a combination of Tornado And Spinning Hook Kicks.

The Competitor whom breaks all 10 Boards the Fastest wins.

The Referee or Judge will Time the breaking sequence.

Competitors will have to purchase the boards at the Competition.

**Power Breaking:** The most Boards Broken in one Technique, with a minimum of 10 Boards Wins.

(Only Pine Boards are allowed to be Used no Concrete or other materials can be used).

- Board Sizes: 5-10 Years Old Small Boards  
11-14 Years Old Medium Boards  
15+ Years Old Large Boards
- Divisions will be divided into rank at staging

Rules, competitor chooses any technique such as but not limited to Hammer Fist, Knife Hand and so on, the competitor will break as many single boards, sized within their age category, as they can in one strike. There is a minimum of 10 Boards for this event. The competitor who breaks the most boards with one strike wins.

In the case of a tie the Competitor who weighs less Wins.

Competitors must purchase their boards at the Competition.



# 2017 Palm Beach Open Tae Kwon Do Championship

## MEDICAL QUESTIONNAIRE FORM

(This form is mandatory for all competitors not competing in the Special Event.)

• **Competitor's Name (1 form per competitor) :** \_\_\_\_\_

• **Please circle the (Y) for yes or (N) for no.**

1. Do you have any allergies to any medications? ..... Y / N

If you answered yes, please indicate which medications.

2. Do you take any medications regularly?..... Y / N

3. Do you wear contact lenses?..... Y / N

4. Do you have a history of any of the following conditions?

a. Epilepsy ( seizures) .....Y / N

b. Lung disease ..... Y / N

c. Heart disease .....Y / N

d. Diabetes ..... Y / N

e. High blood pressure .....Y / N

If you answered YES to any part of question 4, please complete question 5.

5. I hereby state that I am under the care of a physician for the treatment of / for \_\_\_\_\_

\_\_\_\_\_ and that I have been medically cleared by that physician to participate in this tournament.

❖ Please read carefully: I hereby certify that the above information is true and accurate to the best of my knowledge.

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

(Parent/Guardian must sign if competitor is under 18 years of age)





# 2017 Palm Beach Open Tae Kwon Do Championship

## EVENT TRAVEL and/or ACCOMMODATIONS

Events Information (Check Correct Box):

- Arrived to the Event by:  Car /  Plane  
Accommodation, if any:  Local (No Hotel) /  Stayed at Hotel  
Name of Hotel / Airline:

## Hotel Information

### Marriott Courtyard Boynton Beach

1601 N. Congress Ave., Boynton Beach, FL 33426 –  
561-737-4600 – Group Rate Code “Tae Kwon Do Competition”  
Group Discount Rate \$95 per night

- Free High Speed Internet
- Fitness Center
- Pool

[Book your group rate for Tae Kwon Do Competition](#)

[Hotel Website](#)

### Parking

- Complimentary on-site parking

### Airport

- **Palm Beach International Airport - PBI**
- Hotel direction: 13.4 miles S
- This hotel does not provide shuttle service.
- **Fort Lauderdale-Hollywood International Airport - FLL**
- Hotel direction: 39.8 miles N
- This hotel does not provide shuttle service.
- **Miami International Airport - MIA**
- Hotel direction: 62.1 miles NE
  
- This hotel does not provide shuttle service.